



DAILY PRAYERS

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In the name of the Father, and the Son and the Holy Spirit, Amen. (3x)

By the prayers of our holy fathers, Lord Jesus Christ, our God, have mercy on us. Amen.

Glory be to You, our God, glory be to You.

Prayer to the Holy Spirit

Heavenly King, Advocate, Spirit of truth, Who are everywhere present and fill all things. Treasury of Blessings and Bestower of Life, come and dwell within us; cleanse us of all that defiles us, and, O Good One, save our souls.

Thrice Holy Hymn

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. (3x)

Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever and for ever. Amen.

Prayer to the Blessed Trinity

Trinity most holy, have mercy on us. Cleanse us of our sins O Lord; pardon our transgressions O Master; look upon our weaknesses and heal them O Holy One, for the sake of Your name.

Lord, have mercy. (3x)

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen.

The Lord's Prayer

Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Lord, have mercy. (12x)

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen.

Homage to Jesus Christ

Come, let us adore the King, our God.
Come, let us adore Christ, the King and our God.
Come, let us adore and bow down to the only Lord Jesus Christ, the King and our God.

Psalms 50

Have mercy on me, God, in Your kindness.*
In Your compassion blot out my offense.
O wash me more and more from my guilt*
and cleanse me from my sin.
My offenses truly I know them;* my sin is
always before me.
Against You, You alone, have I sinned;*
what is evil in Your sight I have done.
That You may be justified when You give
sentence*
and be without reproach when You judge.
O see, in guilt I was born,* a sinner was I
conceived
Indeed, You love truth in the heart;*

then in the secret of my heart teach me
wisdom.

O purify me, then I shall be clean;*
O wash me, I shall be whiter than snow.
Make me hear rejoicing and gladness,*
that the bones You have crushed may thrill.
From my sins turn away Your face* and blot
out all my guilt.

A pure heart create for me, O God,*
put a steadfast spirit within me.
Do not cast me away from Your presence,*
nor deprive me of Your holy spirit.
Give me again the joy of Your help;*
with a spirit of fervor sustain me,
That I may teach transgressors Your ways*
and sinners may return to You.
O rescue me, God, my helper,*
and my tongue shall ring out Your good-
ness.

O Lord, open my lips*
and my mouth shall declare Your praise.
For in sacrifice You take no delight,*

burnt offering from me You would refuse.
My sacrifice, a contrite spirit.*
A humbled, contrite heart You will not
spurn.
In Your goodness, show favor to Zion:*
rebuild the walls of Jerusalem.
Then You will be pleased with lawful sacri-
fice,
burnt offerings wholly consumed,*
Then You will be offered young bulls on
Your altar.

The Nicene Constantinopolitan Creed

I believe in one God, the Father, the Al-
mighty,
maker of heaven and earth, of all that is
seen and unseen.
I believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of
the Father.
Light from Light, true God from true God,
begotten, not made, one in being with the
Father.

Through Him all things were made.
For us men and for our salvation
He came down from heaven;
by the power of the Holy Spirit
He was born of the Virgin Mary, and be-
came man.
For our sake He was crucified under Pon-
tius Pilate;
He suffered, died, and was buried.
On the third day He rose again
in fulfillment of the Scriptures: He ascended
into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the liv-
ing and the dead,
and His kingdom will have no end.
I believe in the Holy Spirit, the Lord, the
giver of life,
Who proceeds from the Father. With the
Father and the Son
He is worshipped and glorified.
He has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church.

I acknowledge one baptism for the forgiveness of sins.

I look for the resurrection of the dead, and the life of the world to come. Amen.

A Penitential Prayer

O God, remit, remove, and forgive our sins, committed willfully or through neglect, by word or deed, knowingly or in ignorance, in mind or thought, during the day or during the night; forgive all our sins, for You are good and You love mankind.

Prayers to the Mother of God

Rejoice, Mother of God, Virgin Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb; for you have borne Christ, the Savior and Redeemer of our souls.

It is truly right to bless you, O God-bearing One, as the ever blessed and immaculate

Mother of our God. More honorable than the cherubim and by far more glorious than the seraphim; ever a virgin, you gave birth to God the Word, O true Mother of God, we magnify you.

We flee to the shelter of your mercy, O Virgin Mother of God. Do not reject our prayers of anguish, but free us from tribulations, O only pure and blessed One.

Most glorious, ever-virgin Mother of God, receive our prayers and bring them to Your Son and our God, that because of You, He may save our souls.

Prayer to the Angels

All you heavenly powers, holy angels and archangels, pray to God for us sinners.

Prayer to All Saints

O glorious saints and all-praiseworthy apostles, prophets, martyrs, and all the saints, pray to God for us sinners.

Exaltation of the Blessed Trinity

The Father is our hope, the Son our refuge, the Holy Spirit our protection: O holy Trinity, our God, glory to You.

Prayer of the Publican

God, be merciful to me, a sinner.
God, cleanse me of my sins and have mercy on me.

I have sinned without number, forgive me, O Lord.

In the name of the Father, and the Son and the Holy Spirit, Amen. (3x)

During the Great Lent we recite this penitential prayer with prostrations:

Prayer of St. Ephraim the Syrian

O Lord and Master of my life, drive from me the spirit of indifference, despair, lust of power, and idle chatter. *(Prostration)*

Instead, bestow on me, Your servant, the spirit of integrity, humility, patience, and love. *(Prostration)*

Yes, O Lord and King, let me see my own

sins, and not judge my brothers and sisters; for You are blessed, now and for ever and ever. Amen. *(Prostration)*

(Then we recite this prayer four times with 12 small bows)

God, † be merciful to me a sinner.

God, † cleanse me of my sins and have mercy on me.

I have sinned without number; † forgive me, O Lord.

Then:

O Lord and Master of my life, drive from me the spirit of indifference, despair, lust of power, and idle chatter.

Instead, bestow on me, Your servant, the spirit of integrity, humility, patience, and love.

Yes, O Lord and King, let me see my own sins, and not judge my brothers and sisters; for you are blessed, now and for ever and ever. Amen. *(Prostration)*

From Easter Sunday until the feast of the

*Ascension in place of the prayer
to the Holy Spirit* “Heavenly King”:

Resurrectional Troparion

Christ is risen from the dead! By death He conquered death, and to those in the graves He granted life.

He granted us eternal life, and we bow to His holy resurrection on the third day.

PRAYERS AT MEALTIME

A Prayer before the Noon Meal

O Christ God, bless this food and drink for Your servants, for You are holy, always, now and for ever and ever. Amen.

After the Noon Meal

We give You thanks, O Christ our God, for You have satisfied us with Your earthly good things. Do not deprive us of Your heavenly kingdom, but as You came into the midst of Your disciples, O Savior, granting them peace, so also come to us and save us. Lord, have mercy (3x). Give the blessing.

Blessed be God, Who shows us mercy and nourishes us with His abundant gifts through His grace and loving kindness, always, now and for ever and ever. Amen.

A Prayer Before the Evening Meal

The poor shall eat and be satisfied; those who seek the Lord shall praise Him; and their hearts will live forever. (Psalm 21:27)

After the Evening Meal

Blessed are You, O Christ our God; You have given us food in due time. Fill us also with the Holy Spirit and abide with us all the days of our lives. Amen.

The “Our Father” may also be recited before meals, with the blessing: O Christ God, bless this food and drink for Your servants, for You are holy, always, now and for ever and ever. Amen.

After meals, the “Hail Mary” to the Blessed Mother may be recited.



THE VIBRANT PARISH: A PLACE TO ENCOUNTER THE LIVING CHRIST

Under the leadership of the local bishop and close communion with him, the parish plays a fundamental role in the Church. For it is in the parish that the faithful most frequently encounter Christ through Christian instruction, community prayer and service to one's neighbor. In promoting and

enlivening our parish life, we also enliven the entire Church.

Elements of a Vibrant Parish

1. **THE WORD OF GOD AND CATECHESIS** (Kerygma) – teaching the truths of the faith and their role in everyday life.
2. **LITURGY AND PRAYER** – participation in liturgical, sacramental and prayer life for the sanctification of the People of God.
3. **SERVICE TO OUR NEIGHBOR (DIAKONIA)** – giving attention to those in need, both within the parish and “in the world”.
4. **LEADERSHIP - STEWARDSHIP** – the ministry of the Bishop and the clergy with the cooperation of the laity in the stewardship of gifts (time, talent, treasure) for the common good.
5. **COMMUNION - UNITY (KOINONIA)** – fostering spiritual unity in the Church of Christ and promoting the unity of all Christians (ecumenism).

6. **MISSIONARY SPIRIT** – witnessing to a life in Christ, while inviting others to participate.

General Characteristics the Ukrainian Greek-Catholic Church

- **EASTERN CHRISTIAN HERITAGE**
– awareness and fostering of the spiritual treasure of the Byzantine-Kyivan tradition: its liturgy, theology, spirituality, and discipline.
- **FOCUS ON THE PERSON** – conviction that Christ is the Way, the Truth and the Life for every person.
- **SPIRIT OF RENUNCIATION FOR CHRIST'S SAKE (KENOSIS)** – preparedness for self-sacrifice in the midst of challenges to the faith.
- **WITNESSING AND SERVING UNITY WITH THE SUCCESSOR OF ST. PETER** – membership in the Universal (Catholic)

Church, as expressed in Christ's prayer:
"That all may be one."

- **ACCESSIBILITY AND OPENNESS** – willingness to share one's spiritual treasure with all who desire to encounter Christ.